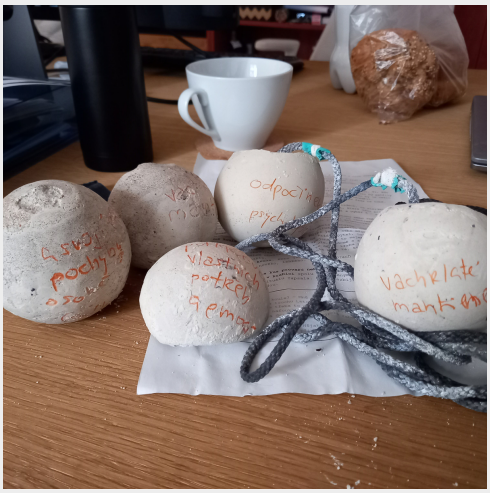






odpočin
psych
vlastný
potreb
vačšie
mank





